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Nursing Assistant (CNA) Program

Course Content:

The Nursing Assistant Program at South Florida Healthcare Institute is a comprehensive 5-week hybrid training program designed to prepare students for a meaningful career in healthcare. Approved by the Florida Board of Nursing and licensed by the Florida Department of Education, our program meets both state and federal educational requirements. It is taught by credentialed nursing instructors with real-world professional experience, ensuring that students receive high-quality, relevant instruction.

This hybrid program offers the flexibility of completing theory-based learning online during the week, allowing students to study from the comfort of their own homes. On weekends, students attend in-person sessions at our training facility to practice essential hands-on skills and complete clinical rotations within a hospital or skilled nursing facility, all under the supervision of experienced nurses. This format blends convenience with crucial in-person training to provide a well-rounded educational experience.

The curriculum emphasizes critical thinking, decision-making, teamwork, and effective communication and interpersonal skills. Students will learn how to take vital signs, assist patients with daily living activities, and provide compassionate care in various settings, such as nursing homes, long-term care facilities, rehabilitation centers, and hospitals, under the direction of a licensed nurse.

Upon successful completion of the program, students will receive a certificate and be eligible to sit for the Florida Certified Nursing Assistant (CNA) examination. Those who pass will receive their CNA license from the Florida Department of Health/Board of Nursing. Most students can expect to complete their training and be ready for the state exam within just five weeks.

At South Florida Healthcare Institute, our mission is to deliver an engaging, high-quality, and affordable healthcare education that prepares students to enter the workforce and make a difference in their communities.

Program Length:

120 hours

(5 weeks full-time)

Program Offered:

Rolling admission - Monthly

Delivery Method:

Blended Learning - Students complete the theory portion at home, during the week, through independent study, including assigned textbook readings, workbook exercises, and online skill demonstration videos. Hands-on lab sessions take place at our school, and clinical training is completed at a skilled nursing facility or hospital.

Days & Times:

Saturday and Sunday, 9:00 AM – 5:00 PM – Lab
at South Florida Healthcare Institute

Saturday and Sunday, 7:00 AM – 3:00 PM, Clinicals
at Hospital Facility

Additional Skills Covered:

- Communication Skills & Challenges
- End-of-Life Care
- Ethical & Legal Issues
- Human Needs and Development
- Infection Prevention & Control
- Nursing Assistant Role & Employability Skills
- Nutrition
- Personal Patient/Environment Care
- Rehabilitative & Restorative Care
- Safety & Body Mechanics
- The Body Systems
- Vital Signs

Admission Requirements:

- Must be 16 years of age or older, high school diploma or GED recommended



Nursing Assistant Training Program - Fees

Registration Fee (Nonrefundable) - \$450

Nursing Assistant Textbook and Workbook - Included in Tuition

One Set of Uniforms - Included in Tuition

Student Liability Insurance - Included in Tuition

Florida CNA Certification Examination - Included in Tuition

American Red Cross Basic Life Support (CPR/BLS) Certification - Included in Tuition

Blood Pressure and Stethoscope - Included in Tuition

Total Program Cost: \$1,750

Tuition does not include the Level II background screening fee required by the Florida Department of Health for Nursing Assistant certification. Additional information on this requirement can be found at: <https://flhealthsource.gov/background-screening/>

School and Clinical Requirements:

- 12 Panel Drug Screening
- Student Physical Exam
- Negative Tuberculosis Screening
- Two (2) MMR Vaccinations or Positive MMR Titer
- Two (2) Varicella Vaccinations or Positive Varicella Titer

Uniforms:

- South Florida Healthcare Institute uniforms required for both Lab and Clinicals
- All white close toe shoes
- White uniform jacket or white long sleeve shirt is allowed and optional

Immunizations NOT Required:

- COVID
- Influenza
- Hepatitis B

Industry Certification & State Credential Exams: Students will be prepared to take an approved state and/or nationally recognized industry certification or licensure exam in their field of study. Exam costs are included with your tuition. You will work with your Program Director towards the end of your program, to sign up for this exam.

Books / Supplies: Each student will receive Hartman's Nursing Assistant Care: The Basics, 5th Edition textbook and workbook upon enrollment. You will also receive a manual blood pressure and stethoscope set to use during lab, and clinicals.

Get Started Today! Your Action Steps:

- Step 1: Contact our School if Additional Information is Needed
- Step 2: Secure Funding Source
- Step 3: Register Online or In Person
Sign Enrollment Agreement
- Step 4: Attend Nursing Assistant Virtual Orientation

Possible Job Titles

- Home Health Aide
- Nursing Assistant
- Patient Care Assistant

*For more information contact the Program Director for the Nursing Assistant Training program:
Leonora Creary, MSN, APRN, AGPCNP-BC*